

Diabetic Foot Ulcer Assessment

Practice Diabetic Foot Ulcer care on the training tool using the following steps:

Knock, enter room and provide for privacy
Identify yourself with name and title (student nurse, medical assistant, nurse aide, etc)
Wash your hands with sanitizer or soap/water
Identify patient by asking name and date of birth; verify this information
Explain the procedure to the patient and ask if they have any questions
Examine the foot for areas of ulceration
When an ulcer is found, document the following: • Anatomic location • Grade of ulcer • Size (length, width and depth in centimeters) • Tracts or tunneling • Drainage • Wound bed (granulation tissue present?) • Odor • Ulcer edges and surrounding skin (redness, warmth, induration (hardness), swelling and signs of infection)
When finished with your assessment, ask your patient if they are comfortable and if they have any questions
Wash your hands with sanitizer or soap/water and exit the room